

# Sabbath Day

There are many mysteries in Father's word and they are secrets until an individual tries, with Gods' help, to resolve those secrets from the writings revealed in His word. In the book of Mark 4:11, "And He said unto them, Unto you it is given to know the mystery of the Kingdom of God; but unto them that are without, all these things are done in parables". The key here is, they that are without. Without what? That answer would be faith of course. John 3:16, (called by some the true foundation of Gods' love for all men) is written to believers, verse 16: "that whosoever believeth in Him". If it is any consolation, no one has a head start as far as God is concerned according to His purpose, not by royal birth, rich or poor, male or female, etc.

To get a better understanding of God's Sabbath we cannot lack faith and belief. Whenever the human mind thinks of the word day, it assumes automatically that it is a reference to a day of the week. However, is it? To get a better understanding of the Sabbath day, we must go to the source of the one that created the Sabbath.

In the book of Genesis 2:4, we read, " These are the generations of heaven and earth when they were created, in the day that the Lord God made the earth and heavens". Here the days it took of renewing heaven and the earth are talked about as one day. As we continue this study, we will understand how God uses the word day throughout His Word.

The book of Numbers, the seventh chapter 11<sup>th</sup> verse tell of God's instruction concerning the dedication of the Altar in the tabernacle. "And the Lord said unto Moses, They shall offer their offering, each Prince on his day, for the dedication of the altar". And in verse 84 we read, " This was the dedication of the altar , in the day when it was anointed by the Princes of Israel: Twelve charges of silver, twelve silver bowls, twelve spoons of gold". The twelve days of this chapter, for the dedicating of the altar is

referred to as a day.

A careful study shows that these events, no matter what length of time, are referred to as a day. One needs to know the difference between a twenty four hour period and an all encompassing event.

Isaiah 11:16, “And there shall be a highway for the remnant of His people, which shall be left, from Assyria; like it was to Israel in the day that he come out of the land of Egypt”. We see that the whole period of the Exodus was written here as a day( an all encompassing event).

In the writings of the book of Jeremiah, our Father tells us of the covenant period of the Exodus to the giving of the law at Mt. Sinai as a day. Let’s read of it, Jer. 11:4, “ which I commanded your fathers in the day that I brought them forth out of the land of Egypt, from the iron furnace, saying, ‘Obey My voice and do them according to all which I commanded you: so shall you be My people, and I will be your God”. Father continues His dressing down of the people to verse 8. Does any reader of Fathers word believe that Adam died the day (24 hour period) he was disobedient to the command given him in the garden of Eden? Gen. 2: 16, “ And the Lord commanded the man saying, of every tree of the garden you may freely eat”: verse 17, : “ But of the tree of the knowledge of good and evil thou shall not eat of it: for in the day that thou eatest thereof thou shalt surely die”. Yet Adam lived 930 years( Gen. 5:5). These verses tell us that God’s use of the word day is not always the way we would think of the word day, as a 24 hour period. Peter gives us God’s interpretation of the length of this day concerning Adam. Peter 2:8, “ But, beloved, be not ignorant of this one thing, that one day is with the Lord as a thousand years and a thousand years as one day. Adam lived 70 years short of on thousand years, so he did die within the time frame according to scripture.

Jesus uses the word day in John 11: 9, “ are there not 12 hours in the day and at another time He refers to the 3 days and three nights He would be in the tomb. The duration of time in those

cases are an exact time frame. But what of the reference to the Day of the Lord, the day of visitation, or the day of Salvation etc., when there is no inference to a length of time used with the word day? Those terms could determine a time period of indeterminate length, but when a numeral is associated with the word day, it is a 24 hour period

What about the Sabbath that was given in the law at Mount Sinai? Exodus 20:8, “Remember the Sabbath Day to keep it Holy”. It’s important to remember that the word Sabbath means rest and how could anyone make a day Holy? The Apostle Paul expounds on this command in the book of Hebrews. Heb. 4:11, “Let us labor therefore to enter that rest(Sabbath) lest any man fall after the same example of unbelief”. Paul uses the word labor. How is labor tied to bringing about a rest? To grasp what he is referring to we need to go all the way back to Exodus the 16<sup>th</sup> chapter. After leaving Egypt, the people had their part to do. Exodus 16:4, Then said the Lord to Moses, “behold I will rain bread from heaven for you; and the People shall go out and gather a certain rate every day, that I may prove them, whether they will walk in My Law or no”. The subject here is manna. They had their part to do, that gathering of manna was required to bring about their rest on the seventh day. Of course, that manna was a for runner of what was to come.

We can read of the subject of manna in John 6: 31, “Our fathers did eat manna in the desert; as it is written, “He gave them bread to eat”. And verse 32, Then Jesus said unto them, “ verily, verily, I say unto you, Moses gave you not that bread from heaven; but My Father giveth you the true bread from heaven”. And verse 41, “The Jews then murmured at him because He said I am the bread which came down from heaven”.

Scripture tells us that we need to work to enter into Father’s rest. Let Paul explains in 2nd Tim. 2:15, “ Study to show thyself approved unto God, a workman that need not be ashamed, rightly dividing the word of truth. That’s our work today and the key to the understanding of God’s Sabbath. Some think that Father wants us to rest from our physical needs that sustain us in the flesh, like

being an electrician or a computer operator, or housewife etc.; we can get physical rest from these at any appropriate time we choose. Jesus set us a example of knowing when to give our physical bodies rest. Mark 6: 31, And He said unto them, “ come ye yourselves apart into a desert place, and rest a while:” for there were many coming and going, and they had no leisure so much as to eat. Father expects His children to use their heads and take physical rest when they are exhausted.

The manna that the people were expected to eat is described in Ps. 78: 24, “And had rained down manna upon them to eat, and had given them of the corn of heaven”. And verse 25, “Man did eat angels food”.

John 4 gives us an account of Jesus talking to the woman at the well and in verse 23, “But the hour is cometh and now is that the true worshippers shall worship the Father in Spirit and in truth; for the Father seeketh such to worship Him”

The rest that Father describes to us is a spiritual rest, not a physical rest. Scripture tells us in Revelation 7: 3, Saying, “Hurt not the earth, neither the sea, nor the trees, till we have sealed the servants of our God in their foreheads. What’s in our foreheads? Our brain of course. This sealing protects the elect during the great tribulation. Matt. 24:31, “ And He shall send His angels with a great sound of a trumpet, and they shall gather together His elect from the four winds, from one end of heaven to the other.

Jesus always warned His followers to be careful to what you listen to and who you listen to. That many false teachers would come in His name deceiving many. Peter’s instruction in 2<sup>nd</sup> Peter 3:18, “But grow in Grace and knowledge of our Lord and Savior Jesus Christ”.

A question was asked earlier, “what makes a day Holy? Only the presence of God in that day and that day should be every day.